



## Newsletter May 2019

The children have now settled back into the new term and we hope it will be a happy and productive one for all.

### **SPHE Topics Term 3**

As you are aware, the focus for our school improvement this year is social, personal and health education. This term our work will centre around the themes of "Ourselves" and health and safety. We will continue to deal with the aspects of healthy relationships, ways of dealing with conflict at home and in school and with those whom we come in contact in our wider community. The area of change will be explored and strategies needed to adapt successfully to various changes. The children in the Junior room will follow a programme called Zippy's Friends. With the summer holidays imminent and the children spending greater lengths of time outdoors, we will concentrate on road safety, safety near farms, near water and in exploring new environments. Every class continues to be coached in the area of the benefits and practice of mindfulness. Also this term the school is pleased to offer the Food Dudes programme for four weeks to the children in the junior room and for 8 days for the children in the middle and senior classes. The children will, each day try a different fruit and vegetable, learn of the benefits of these foods. They will also aim to incorporate more of them into their diet when the school part of the programme ends through the use of their food diaries at home

### **Dates for your Diary:**

Food Dudes: Infants 30<sup>th</sup> April to 22<sup>nd</sup>. May Middle/Senior Classes 13<sup>th</sup>-22<sup>nd</sup>. May( In School)

First Communion: Sunday 19<sup>th</sup>. May in Mount Bolus at 11.30 a.m.

Senior Tour: Bunratty / St John's Castle , Limerick. Thursday 23<sup>rd</sup>. May

Staff Inservice Day: Friday 24<sup>th</sup> May NOTE: School will be closed on this day.

Junior Tour: "Mystery Destination" Thursday 6<sup>th</sup> June.

Offaly Sports Partnership: Fitness Tests: 1<sup>st</sup> to 6<sup>th</sup> classes : Monday 20<sup>th</sup>. May

Summer Round of Standardised Testing : Snr. Infants to 6<sup>th</sup> class English and Maths and also Irish for classes from 2<sup>nd</sup> to 6<sup>th</sup>. (27<sup>th</sup>-30<sup>th</sup> May)

School Reports Issued: Week 10<sup>th</sup>-14<sup>th</sup> June

New Infants Orientation Day: Tuesday 18<sup>th</sup>. June

Swimming for 2<sup>nd</sup> to 6<sup>th</sup>. classes Week of 17<sup>th</sup> -21<sup>st</sup>. June.

School closes for summer holidays Fri. 28<sup>th</sup> June at 12.00 and re-opens on Thurs. 29<sup>th</sup>. Aug.

### **School Fundraiser.**

Planning is well advanced for our fundraiser on Friday 31<sup>st</sup> May. The school undertakes an initiative like this every 3-4 years to help defray the annual overrun of 3000-4000 euro it takes to finance the school. Please support by selling the raffle card you received before Easter and also joining with the school community for an enjoyable social event in the Blueball Pub. There are also a few slots still available for golf teams. Sincere thanks.

Kind regards,

Frances Lynch

